



## PATIENT CENTERED MEDICAL HOME

### What is a Patient Centered Medical Home?

Patient Centered Medical Home is an approach to medical care that is team-based and focused on coordinating the care that YOU need.

Your healthcare team works in partnership with you to identify *your* health goals and assist you in meeting these goals.

### Team Approach

The team is led by your primary care provider and includes medical assistants and administrative staff. The team extends beyond the walls of Park Pediatrics to include other specialists you may be working with such as a specialist healthcare provider.

### Benefits of a Medical Home

The benefits of a Patient Centered Medical Home include:

Improving your access to healthcare—patients who are registered for our Patient Portal are given 24-hour access to requesting appointments and email reminders of upcoming appointments. To register for our Patient Portal please go to [www.parkpediatricsmd.com](http://www.parkpediatricsmd.com) or call us at 301-891-6141.

Prescriptions are sent electronically to your pharmacy or lab. Sending a patient's medication and allergy list electronically keeps physicians and pharmacists current and helps reduce the risk of negative drug interactions.

Lab and radiology orders are also sent electronically to the

centers performing these tests. Your results are then returned to your provider electronically to decrease your waiting time for results.

Allows for an evidence-based approach to care with educational materials provided to keep you healthy.

Effective management of chronic conditions such as asthma or obesity as well as focusing on disease prevention and wellness screenings like vaccinations, cholesterol testing, etc.

## What are Your Responsibilities as a Patient?

Your involvement in your own care or your child's care and the decisions surrounding it are a priority to us. You are an equal partner in this process, and it is your responsibility to give your team the information they need to provide you excellent care.

Here is what you can do to make that possible:

Bring a complete, updated list of your medications to each appointment including the medication name, dosage and frequency (how often you take the medication)

Bring a list of all doctors you are seeing to each appointment along with their contact information

Write down any questions you want to ask during your appointment

Be prepared to provide information on all medical conditions, previous surgeries, and your immediate family's medical history

Familiarize yourself with your healthcare coverage and contact your health plan with any questions about your coverage

Report any changes to your healthcare since your last visit